

# I CAN DO IT!

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Let's do some jumping jacks, jacks do some jumping jacks

Turn it to the Right and do some jumping jacks.

Let's do some jumping jacks, jacks do some jumping jacks

Turn it to the Left and do some jumping jacks.

Let's boogie to the ground, ground. Boogie to the ground ground.

Turn it to the Right and boogie to the ground.

Let's boogie to the ground, ground. Boogie to the ground ground.

Turn it to the Left and boogie to the ground.

I can do it

You can do it

We all can do it

SCREAM!

Let's hop from side to side, side.

Hop from side to side, side. Turn it to the Right and hop from side to side.

Let's hop from side to side, side. Hop from side to side, side.

Turn it to the Left and hop from side to side.

I can do it

You can do it

We all can do it

SCREAM!

(Slowly)Now slow It on down, down

Slow it on down down

Stand like your frozen to the ground

Now lift up one knee, knee

Lift it up with me, me

Stand just like a tree

And lift up one knee

Now close your eyes, eyes

Close your eyes, eyes

Try to keep your balance  
Don't move from side to side  
Now open your eyes, eyes  
Put your foot back down, down  
Do one jumping jack  
And sit down on the ground.

I can do it  
You can do it  
We all can do it  
SCREAM!