

*All right, everybody!  
It's time to put your hands in the air.  
And wave them like you just don't care—  
like a palm tree in the breeze!*

Sunday's our first day  
Monday makes it two  
Tuesday brings our days to three  
One, Two, Three  
Sunday, Monday, Tuesday  
One, Two, Three

*Let's try to make some ocean waves out there!  
You can even make the sound—swoosh.*

Wednesday is our fourth day  
Thursday makes it five  
Friday brings our days to six  
Four, Five, Six  
Wednesday, Thursday, Friday  
Four, Five, Six

*Now it's time to become those fish,  
swimming in the ocean!  
Can you make a fish face?  
That's hard!—I can!*

Each week has seven days  
So there's still one more  
Saturday is our seventh day  
Seventh day  
Saturday  
Seventh day

*Now let's count the days of the week  
One to seven, Sunday to Saturday  
With a brand new beat*

Sunday—one  
Monday—two  
Tuesday—three  
Wednesday—four  
Thursday—five  
Friday—six  
Saturday—seven

*That was great! Let's try it twice as fast!*

Sunday—one  
Monday—two  
Tuesday—three  
Wednesday—four  
Thursday—five  
Friday—six  
Saturday—seven

*Alphabet Rockers—you did it!  
Let's put our hands in the air!  
Where are my palm trees? Palm trees in the breeze!  
I'm going to do some of those ocean waves—yea!  
If you're a fish in the house—I want to see that  
fish face!  
Let the fish swim through the ocean waves...  
All right everybody, it's time to scratch it out like a DJ!*

