



EAT THE RAINBOW

© 2012 School Time Music LLC.

Written by Kaitlin McGaw, Dawn Richardson, Tommy Shepherd, Jason Villaroman

**C
H
O
R
U
S**

I'm hungry—Whatcha gonna eat?
I'll eat the rainbow—And skip the sweets!
I'm gonna stand tall—With super powers
Let's live long—That's right!

Breakfast starts with a yellow banana
Followed by a glass of white milk
Add an orange for some Vitamin C
And a piece of brown toast 'cause that's chill.

[CHORUS]

Snack time is when I eat my red apple
And a piece of yellow cheese
I've packed white yogurt and blueberries
And a stick of green celery

[CHORUS]

Lunch bell rings, I brought a sandwich
Turkey that's lean white meat
On top I've got red tomato and green lettuce
It's a lunch that can't be beat

[CHORUS]

It's the mid afternoon hunger attack
And I'm thinking about that super snack
I need a colorful array of things to munch
Like apple or orange or a purple grape bunch
I have to snack, I need to eat all of the colors,
won't miss a beat

Dinner's here, I sit with my family
To eat colors of every kind
Orange carrot, purple eggplant, yellow peppers
Eat the rainbow and expand our minds

[CHORUS]

