

# Donuts

by Barry Louis Polisar

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Tomatoes from the garden are a summer treat  
But it's a donut that I wanna eat  
Put 'em in your salad, put 'em in your stew  
Heat 'em and eat 'em with your barbecue

Honey glazed or filled with jelly  
Gives life meaning as it fills your belly  
But be careful 'cause I swear that it'll  
Give you a bulge right in your middle  
Just like life, so round and sweet;  
Eat too many, it'll settle in your seat

Don't feel sad or insecure;  
Ain't nothing in the world that a donut won't cure  
Eat 'em with your meat loaf, eat 'em with your greens  
Eat 'em with your broccoli, eat 'em with your beans

Matzo balls and chicken broth can help you through the croup  
But I'd rather have a donut floatin' in my soup  
Take em from the freezer; fry 'em on a griddle  
When the sugar melts, stick ice cream in the middle