

Roll the Ball by Carole (Peterson) Stephens ©1990

Sit on the floor facing your partner, legs long so that feet are touching and there is open floorspace to roll any kind of ball. I use tennis balls, but any ball will work!

Roll the ball, roll the ball, roll the ball to me.

Roll it! Roll it! Roll the ball to me.

DEMONSTRATE before getting everyone in position. THEN hand one ball to each couple. If they get good at rolling, you can add "bounce the ball" – DEMONSTRATE it, then everyone tries. Can also be done with teacher or parent sitting opposite 1-2 children.