

Skip to My Lou

This dance may take some practice – great for older four year olds and K – 2's. Teach it one segment at a time. The directions are in the music.

Skip skip skip to my lou
Skip skip skip to my lou
Skip skip skip to my lou
Skip to my lou my darling.

V.2 Lost my partner, what'll I do?
V.3 I'll find another one, how 'bout you?
V.4 Circle with your partner, skip to my lou.

Verse 1: Skip in a circle.

Verse 2: Pat knees, clap hands, hands up and out, questioningly on underlined beats:

Lost my partner, what'll I do?

Verse 3: Find a new partner, hold two hand

Verse 4: Swing your partner by going around in a circle

Repeat the entire dance.

In the recording, I give fewer instructions with each repetition of the patterns that make up the sequence. The final time through it's just the dance. I walking through the dance BEFORE turning on the music. Once mastered, it just may become a favorite dance!