

The Freeze! “Let It Snow” by Julie Styne & Sammy Cahn ©1945

This song may be used as a simple “freeze dance” – where participants freeze when the music stops, or for “Miss Carole’s Snowball Freeze Fight”. Collect 2 – 3 net poufs (lousy bath sponges, great snowballs) per person in the Snowball Fight.

Participants may throw the “snowballs” at each other while the music plays, but must STOP when the music stops!

Miss Carole’s rules:

1. You may not throw snowballs at anyone’s face – it won’t hurt, but it might surprise them, or knock off their glasses.
2. You may not hold more than 2 balls at a time, or you’re a Snowball Piggy!

I have done this with up to 400 people – and adults and teens love it, too! It’s a great exercise in self-control and listening!

Snowballs can be purchased at BearPawCreek.com