BLUEBIRD, BLUEBIRD traditional

Learning to weave through arched hands is great for 4's and older. Children stand in a circle holding connected hands high in the air. One child is chosen to go in and out the windows as the "bluebird" during the Refrain. During the verse that "bluebird" stands behind the person they are nearest when the Refrain ends, tapping them gently on the shoulders with both hands. The rest of the children bring their arms down while clapping and singing.

When the verse is done, the tapper takes the tappee by the hand and they weave the circle in a line. The weaving line eventually can become quite long! We often end when it's just two children, and then do "London Bridge is Falling Down" from there!

Refrain:

Bluebird, bluebird, in and out my window Bluebird, bluebird, in and out my window Bluebird, bluebird, in and out my window Oh, Johnny I'm so tired!

Verse:

Take a friend and tap them on the shoulder Take a friend and tap them on the shoulder Take a friend and tap them on the shoulder Oh, Johnny I'm so tired!

(Repeat whole sequence several times)