

16. Sleeping Bag Chant spoken rhythmically

Patche or “walk” hands in rhythm on legs until you lean left, then right.

I was lying in my sleeping bag

I couldn't get to sleep

When the wind began to howl....

And the bugs began to creep

So I rolled to the left, and I rolled to the right

And I heard every sound that you hear at night!

Owls: hoo, hoo, hoo!

Repeat adding a new animal to the list each time. A good length for the list is 4-5 items. Have some of your students never been camping? Put up a little tent, or drape a blanket over chairs – soo much fun.