

Hola/Adios

I learned this from Kathy Birk – yup, you guessed it – from CMN!

Hola, hola, da dada dada dada!

Adios, adios, da dada dada dada!

Hola, hola, da dada dada dada!

Adios, adios, da dada dada dada!

Na na na na na na na nana

Na na na na na na na nana

Na na na na na na na nana

Na na na na na na na NA!

V. 2 in slow motion

V. 3 lightening speed!

V. 4 sing with a very big smile! OLE!

THE DANCE: *Face a partner, hands up but not touching. During the Hola's and Adios', sway hands from side to side. For the 3 beats of da da's, tap thighs, clap own hands, patty cake clap with partner. Repeat. Move around the room while finding a new partner at the tempo suggested by the music! Thanks, Cathy!*