

The Penguin Song

I learned this one from British Girl Guides!

Start standing still, arms at your sides. Call out, "Penguins, ATTENTION!" (All salute!) "Penguins, BEGIN!" (Slap arm crisply to side.)

Did you ever see a penguin come to tea?

Take a look at me, a penguin you will see!

Penguins, ATTENTION! Penguins, BEGIN! Right arm! (flap arm away from body and back on the beat)

Repeat, adding a new motion each time: left arm, right foot, left foot, nod your head! Everyone should begin to look like penguins!

I love to couple this song with Tacky the Penguin by Helen Lester. A match made in...Antarctica?