GOOD HYGIENE
Good Hygiene, Good Hygiene.
That's a good thing.
Wash your face and hands keep them clean.
That's a good thing.
It's keeps us from getting sick.
And that's a good thing. Yep
That's a good thing. Yep.
That's a good thing. Yep.

Momma wakes me up for school.
She says get up you know what you must do.
It's time to take care of your hygiene.
My hygiene? What that mean?
That means, It's time to get clean up.
Dirty face and hands can make you sick.
But washing with soap and water kills germs quick.
Good Hygiene stop the spread of disease.
And it keeps our bodies healthy.
So I wash my hands. My hands
And wash my face. Face.
I wash my hands. My hands
And wash my face. Face.
I wash my hands. My hands
And wash my face. Face.
And before I eat breakfast I always say my grace.

Good Hygiene, Good Hygiene.
That's a good thing.
Brush and floss your teeth keep them clean.
That's a good thing.
It's keeps us from getting cavities.
That's a good thing. Yep
That's a good thing. Yep.
That's a good thing. Yep.

I brush. I brush. I brush my teeth
When I wake up in the morning and after each meal i eat.
Brush your teeth 2 minutes twice a day.
It helps in keeping them cavity creeps away.
Floss. Floss. Floss your teeth after each meal you eat.
And if you want to keep your teeth pearly white.
Brush them. Brush them. Brush them alright.
And if you want to keep your teeth pearly white and strong.
Drink milk because it's good for your bones.

Good Hygiene, Good Hygiene.
That's a good thing.
Wash your face and hands keep them clean.
That's a good thing.
It's keeps us from getting sick.
And that's a good thing. Yep
That's a good thing. Yep.
That's a good thing. Yep.

Good Hygiene, Good Hygiene.
That's a good thing.
Brush and floss your teeth keep them clean.
That's a good thing.
It's keeps us from getting cavities.
That's a good thing. Yep
That's a good thing. Yep.
That's a good thing. Yep.

©2014 Positive Kids Songs
All Rights Reserved.