

I Can Do It

My body's strong and I love to move it
Work it out I know I Can Do It

(repeat each line)

Stretch like an athlete, stretch, stretch

Swim like a swimmer, swim, swim

Pump like a bodybuilder, pump, pump

Run like a runner, run, run

(Chorus)

Surf like a surfer, surf, surf

Shoot like a basketball player, shoot, shoot

Dive like a diver, dive, dive

Skate like a skater, skate, skate

(Chorus)