

Get Healthy! Get Happy!

(Words and music by Liam Maloy)

Get healthy! Get happy!
Everybody **jump up and down**.
Get healthy! Get happy, I say!
'Cause when your body's busy (clap) then you're buzzing,
So get healthy and happy today!

Get healthy! Get happy!
Everybody **wiggle like a worm**
Get healthy! Get happy, I say!
'Cause when your body's busy (clap) then you're buzzing,
So get healthy and happy today!

[Whistle verse]

Get healthy! Get happy!
Everybody **hop like a frog**
Get healthy! Get happy, I say!
'Cause when your body's busy (clap) then you're buzzing,
So get healthy and happy today!

'Cause when your body's busy (clap) then you're buzzing,
So get healthy and happy today!