

TOSS A SALAD
Peggy Gerner 2008
(To the tune of “Peanut Butter & Jelly”)

First you take the lettuce and you tear it and you tear it and you tear it, tear it, tear it

Toss, toss a salad, yeah!

Toss, toss a salad, yeah!

Next you take the celery and you chop it, and you chop it and you chop it, chop it, chop it, hi-ya!

Toss, toss a salad, yeah!

Toss, toss a salad, yeah!

Then you take the carrots and you shred ‘em and you shred ‘em and you shred ‘em, shred ‘em, shred ‘em

Toss, toss a salad, yeah!

Toss, toss a salad, yeah!

Next you take the onions and you (sniff, sniff!) peel ‘em, and you peel (sniff!) ‘em, and you peel ‘em, peel ‘em, peel ‘em (onions make me cry!) (blow nose & sniff)

Toss, toss a salad, yeah!

Toss, toss a salad, yeah!

Then you take the dressing and you pour it, and you pour it, and you pour it, pour it, pour it (not too much though)

Toss, toss a salad, yeah!

Toss, toss a salad, yeah!

Next you take a fork and you taste it, you taste it and you taste it, taste it, taste it (yum!)

Eat, eat a salad, yum!

Eat, eat a salad, yum!

Eat, eat a salad, yum, yum, yum, that sure tastes good!