

Its Brainsmart Time

It's brainsmart time, Hands to the left
It's brainsmart time, Hands to the right
It's brainsmart time, Hands up high
It's brainsmart time, Hands down low
Follow me
Wave your hands left and right, Left and right, Left and right
Move your hands up and down, up and down, up and down
It's brainsmart time, Touch elbow to elbow
It's brainsmart time, Touch thumb to thumb
It's brainsmart time, Touch knee to knee
It's brainsmart time, Touch toe to toe
Work together
Touch elbows with a friend
Touch thumbs with a friend
Touch knees with a friend
Touch toes with a friend
It's brainsmart time, Hop on one foot
It's brainsmart time, Hop on the other foot
It's brainsmart time, Jump up and down
It's brainsmart time, Jump all around
It's brainsmart time
Follow me
Can you hop on one foot?
Can you hop on the other foot?
Can you jump up and down?
Can you jump all around?
It's brainsmart time, Point to your brain
It's brainsmart time, Hands over heart
It's brainsmart time, Hands by your side
It's brainsmart time, Hands way up high
It's brainsmart time, Hands way down low
It's brainsmart time, How low can you go?
It's brainsmart time, Come on, wiggle something!
You did it
Now everybody say criss cross, applesauce
Hands in your lap