

#5 Shake It Up (2:30)

Chorus

Shake, shake, shake it up - everybody shake it up.

Shake, shake, shake it up - everybody shake it up.

C'mon all you shakers get up off your seat.

C'mon shake your hands and then shake your feet.

We're having a party for just you and me.

We're moving and shaking. I can't wait to see. See you

Shake your head. Did you hear what I said?

Shake your hips. Everybody loves to...

Chorus

Now if you like shaking, then that's what you do.

Shake your whole body from your head to your shoes.

Shake both of your ears and even your hair.

Then shake your backside from here to there.

Shake your knees. Won't you shake them please.

Shake your shoulders. Everybody loves to...

Chorus

Shake, shake, shake it up.

Shake your arms.

Shake your tongue.

Shake your thumbs.

Shake your elbows.

Shake your pinky.

Shake your eyebrows.

ACTIVITIES

- 1. Whenever Mr. Al says "Shake it up", the children get to choose what part of the body to shake.*
- 2. Listen to the directions from Mr. Al during the song.*
- 3. Hold up pictures of different body parts to shake.*
- 4. Find things at home or in the classroom that you can shake.*