

#8 I Feel Good (2:38)

Chorus

I feel good. How about you? Tell me how do you feel? (I feel good)

I feel fine. How about you? Tell me how do you feel? (I feel fine)

Can you lift your hands way up high? (Yes, sir)

Can you spin yourself around? (Yes, sir)

Can you make a really silly face? (Yes, sir)

Then, you must feel like I do, because.....

Chorus

Can you shake your elbows really fast? (Yes, sir)

Can you clap, clap, clap your hands? (Yes, sir)

Can you move your hips back and forth? (Yes, sir)

Then, you must feel like I do, because.....

Chorus

Can you bend and touch your toes? (Yes, sir)

Can you jump up really high? (Yes, sir)

Can you shake somebody else's hand? (Yes, sir)

Then, you must feel like I do, because.....

Chorus

ACTIVITIES

1. During the chorus, join in on the "I feel good" and "I feel fine" refrains when Mr. Al asks "How do you feel?".
2. Practice doing the movements during the verses and answering the questions (Yes, sir).
3. During the last chorus, put in your own movements for the kids to do.