

## LISTEN TO THE BEET

(G)

Now, I'm The Beet, so you know I'm sweet  
An' I'm gonna teach you to groove!  
When I say, "Tap your feet", you go *tap, tap*  
When I say "Listen to The Beet", you go *Um-hmm!*

Tap your feet! *tap, tap*  
Yeah, listen to the Beet! *Um-hmm!*  
Yeah! Tap your feet! *tap, tap*  
Now "Listen to The Beet", *Um-hmm!*  
All right, that's sweet!

Well I'm The Beet, and you know I'm sweet  
And together, we're gonna moooooooooove!

Cause I'm a root y'know, and I grow down below  
You can chew the Beet greens above me  
Full of vitamin C's and some manganese  
And vitamin A, you gonna love me!

Cause I'm The Beet, and you know I'm sweet  
Now tap your feet *tap, tap*  
And listen to the Beet *Um-hmm!*

Deep underground, I don't make a sound  
I make sugar by the pound 'cause I don't mess around  
I grew up in my bed and I'm blood red, and  
If you heard what I said, you can shake your head an'

Tap your feet! *tap, tap*  
Yeah, Listen to The Beet! *Um-hmm!*

When you're ready to eat, put the water on the heat  
Pop me in for a swim in the pool!  
Gonna be your supper, Eat me from a cup, or  
Cover me with butter if you're cool!  
Your tongue'll be purple, and you're prob'ly gonna burp  
I'll taste so sweet, you're gonna drool

Cause I'm The Beet, and you know I'm sweet  
Tap your feet *tap, tap*  
And listen to the Beet *Um-hmm!*

Then you put me in your mouth and you chew a little bit  
And I get a little mushy with a little bit of spit  
Not Borscht, of course, but I'm a folate source  
And I, . . .

**LISTEN TO THE BEET** - (p.2)

**Little Kid:**    *Hey Beet! Hey Beet! What's Borscht?*

**Beet:**            *What?*

**Little Kid:**    *What's Borscht?!*

**Well all right! Okay, I'll give you the scoop  
Want to know about BORSCHT? It's BEET SOUP!  
But if you want BORSCHT to be your fuel  
Then get another Beet, cause I'm no fool  
And you can tell by it's name, BORSCHT IS NOT COOL!**

**I'll be your friend, but don't leave me alone  
You could put me in your pocket, you could take me home  
And we can hang out in your room , and watch TV  
We could stay up late, just you and me!  
(But no shows about BORSCHT!)**

**Little Kid:**    *But, lots of people like to eat Borscht when it's cold.*

**Beet:**            *Really?*

**Little Kid:**    *Yep!*

**Beet:**            *Well, ahh, that's kind of cool, all right then! Thank you. So, I take back  
what I said about BORSCHT! Let's go! I could be BORSCHT! Long as it's  
cool!*

**Cause I'm The Beet, and I'm cool and sweet  
Don't worry 'bout a thing, we're gonna dance and sing!**

**Listen to The Beet!**            *Um-hmm!*

**Tap your feet!**                *tap, tap*

**Listen to The Beet!**            *Um-hmm!*

**Tap your feet!**                *tap, tap*

**I said Listen to The Beet!**    *Um-hmm!*

**Tap your feet!**                *tap, tap*

**Beet:**            *That's all right! I could be Borscht!*

**Music & Lyrics by Peter Alsop, © 2004, Moose School Music (BMI)  
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