

MY BODY

**Cho: My body's nobody's body but mine!
You run your own body, let me run mine!**

**G-D7
D7-G**

**My nose was made to sniff and to sneeze
To smell what I want, and to pick when I please!
My lungs were made to hold air when I breathe,
I am in charge of just how much I need!
Chorus**

**My legs were made to dance me around
To walk and to run and to jump up and down!
My mouth was made to blow-up a balloon
I can eat, kiss and spit, I can whistle a tune!
Chorus**

**No one knows my body better than me
It tells me, "Let's eat!", it tells me "Go pee!"
Don't hit me or kick me, don't push or shove
Don't hug me too hard when you show me your love
Chorus**

**Sometimes it's hard to say "No!" and be strong
When those "No!" feelings come, then I know something's wrong
'Cause My body's mine from my head to my toe
Please leave it alone when you hear me say "No!"
Chorus**

**Secrets are fun when they're filled with surprise
But not when they hurt us with tricks, threats and lies
Our body's one body, one voice is heard
We each sing for freedom when we sing these words!
Chorus**

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