

WHEN ONE IS TOO MANY

One drink, one smoke, one snort of coke	A-D
A sugar slip, hey, a mainline trip	A-E-E7
Are you sick and tired of feeling sick and tired?	A-D
My friend, I know you know what's required!	A-E-E7

Cho: When one is too many, and a thousand ain't enough,	A-D
You cannot do any, hey, you got to get tough!	A-E7
When one is too many, and a thousand ain't enough,	A-D
You cannot do any, hey, you got to get tough!	A-E7-A, E7

I used to love to go get tight
With all my friends, we could dance all night,
But we take too much, and before too long
We start to fighting, man, you know something's wrong!

Chorus

We love too much, we try to please,
But sometimes life brings us to our knees
So we hide the hurt, the way we know
We got to learn some other way to go!

Chorus

So take a cold shower, make you do a little dance!
Call a friend who knows you and give yourself a chance
Or you could ask your Higher Power t'get you back on track
Do the dance of life and bounce that monkey off your back!!

Chorus

Written by Peter Alsop, ©1984, Moose School Music (BMI)
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[Old last verse:]

Or you could grab your partner, go hop in the sack

Yeah, make crazy love and bounce that monkey off your back!

I changed this when I understood that I was encouraging a switch from one medicating addiction (alcohol & other drugs) to another (sex) neither of which help a person heal the source of their pain.