

## A Message from the Mayor of Kidinitown

Hello, my name is Frank and I'm the mayor of Kidinitown. Kidinitown is a nice place to visit. Friends as well as strangers can be seen walking in our parks and shopping in our stores everyday. Just like any other town, we have our share of problems but we have something other towns don't have, our heroes.

Our heroes are not like the superheroes you see on TV. Our heroes' superpower is knowledge. A group of our heroes have formed a team that we call the Kidini team. Each team member has their own unique skill to recognize, avoid or escape troublesome or dangerous situations.

All of us in Kidini town are proud of the team. We have learned a lot from their experiences and we want to share with you that knowledge. Now Deborah, my assistant, will introduce you to each member of the Kidini team.





**You are happy too,  
don't let a bully bother you.**

## Penney the Penguin

Penney is the shyest member of the Kidini team; she is a little overweight and waddles on her feet. She loves listening to music on her iPod and is usually a very happy girl.

Then one day Penney started to hate going to school and would make up excuses so she could stay at home. Sometimes when Penney came home from school she would go directly to her room without saying a word.

When Penney told her mom and dad that someone was calling her names and bumping into her on purpose she looked so sad and fearful. Penney's mom told her it wasn't her fault if someone was picking on her. She said that the person calling her names and pushing her was a bully and if you are being bullied you should ask for help from someone you trust like your parents, a teacher, or a coach.

Penney and her parents talked to her teacher and principal. Penney no longer feels afraid and is once again her happy self. Now Penney can't wait until the school bus picks her up and she loves to go outside to play with her friends.

### **Remember...**

- If someone is bullying you tell someone you trust like your mom, dad or a teacher.
- Speak out if someone is treating you mean.
- Walk away from a bully, don't be afraid.
- Make friends with kids who treat you nice.

