2. Crazy Backwards Day

Let's start our day
In a crazy backwards way
We're gonna change it around
With everything I say
The opposite will be the way
You're gonna change it around
Now up means down
It's all turned around

Put your hands down
Come on make a frown
Everybody freeze
Everybody move around, around, around

It's a silly day
When you reverse the things I say
It's cool to change it around
So come on let's play
I'm thinkin' now you know the way
The way you'll change it around
Now smile means frown
It's all upside down

Open up your eyes
Come on say goodbye
Everybody freeze
Everybody move around, around, around
Now show me your left hand

Now everybody put your right foot in the air
Now show me your right hand
But, don't leave it there

Everybody up
Everybody down
Everybody cry
Everybody say "School Is Cool" backwards
"Cool Is School"
Everybody tongues in
Everybody tongues out
Everybody up, down, up down
Up, down, up, down
Everybody move

Activity Suggestions

This song is simple - do the opposite of whatever Stephen asks you to do. If he says, "move" then you should freeze. If he says, "freeze" you should move. If he says, "tongues in" your tongue should be sticking out. If he says, "show me your left hand" show your right hand. If he says, "put your right foot in the air" put your left foot in the air. The activities will work on Listening Skills, Directional Awareness, Body Part Recognition and of course, the concept of Opposites. The directions contained in the lyrics will take a few repetitions to master, but help has been added in the form of verbal answers to some of the commands that will give you the correct opposite. This will be a fun addition to any Backwards Day activities you currently do. If you don't do Backwards Day you can start one by trying a few of these suggestions: 1. Have the kids wear their clothes inside out or backwards. 2. Try walking backwards wherever you go, even outside the classroom. 3. Have the kids write their names and other words backwards.

4. Have a contest to see who can say the ABC's backwards. 5. Use "You're Welcome" instead of "Thank You" or "Goodbye" instead of "Hello". 6. Call Lunch - Breakfast and Breakfast - Lunch.