

2. Clap Your Hands

Clap your hands like I know you can
Clap your hands with me
Clap your hands like I know you can
Clap along with me

Clap your knees now won't you please
Clap your knees with me
Clap your knees now won't you please
Clap along with me

Now everybody if you're feelin' the groove
Then won't you show me how your body can move

Clap your feet now if you feel the beat
Clap your feet with me
Clap your feet now if you feel the beat
Clap along with me

Now everybody if you're feelin' the groove
Then won't you show me how your body can move

Clap your hands like I know you can
Clap along with me
Clap your knees now won't you please
Clap along with me
Clap your feet now if you feel the beat
Clap along with me
Now everybody can you do all three
Clap along with me

Clap your lips
Clap your eyelids
Clap your elbows
Clap your bottoms on the floor

Purpose: To reinforce body awareness, as well as, work on rhythm and large/small motor skills.

Concepts: Rhythm, Body parts (Hands, Knees, Feet, Lips, Eyelids, Elbows, Bottoms), Following directions.

Setting: Large or small group.

Materials: Pictures of the different body parts mentioned in the song.

Activities:

1. Explore different rhythms with your children using band instruments or by clapping your hands.
2. Without the song, have the children clap different body parts as you call them out.
3. Ask the children what other body parts they can clap that are not mentioned in the song.
4. Lead the children in the song. See if you can trick them by clapping a body part other than the one mentioned in the lyrics. Encourage them to use their ears instead of their eyes.
5. Divide the class into groups, giving each one a body part picture. Instruct them to participate in the song only when their body part is called.