

4. Polé, Polé

Way down South, down Jamaica way
Lives a man that they call Pole'
And every morning at the break of day
He hears the children say, and they say

Polé, Polé, flap your elbows please
Polé, Polé, like a chicken's wings

Way down South in the hot sunshine
Polé's games help to pass the time
And when it's time for the noontime chime
He hears the children whine, and they whine

Polé, Polé, walk on your hands and knees
Polé, Polé, like a lion please

Later on as the sun goes down
All the children have gathered 'round
And when Polé walks in to town
He hears a lovely sound, lovely sound

Polé, Polé, jump up and down for me
Polé, Polé, like a chimpanzee

And when the hour for bedtime comes
Polé's outside and having fun
And while he's waiting for the morning sun
He hears the children hum, and they hum

Polé, Polé, walk on tippy toes
Polé, Polé, like a flamingo

Polé, Polé, flap your elbows please
Polé, Polé, like a chicken's wings

Purpose: To use body movements to imitate those of the animals mentioned in the song.

Concepts: Animal movements (Chicken, Lion, Chimpanzee, Flamingo).

Setting: Large or small group.

Materials: Pictures of above animals.

Activities:

1. Show pictures of animals mentioned in the song and ask children what they know about each animal.
2. Ask individuals to imitate those animals.
3. Play the song and let the children move like the animals.
4. Select leaders who will do the movements. They will be Polé. The remaining children will sing the directions (refrain).