

9. Hey, Hey, Whadaya Say

Hey, hey, whadaya say
We're gonna do some shakin' today
Hey, hey, whadaya know
C'mon, let's shake to some rock 'n roll
Let's shake it high, let's shake it low
Let's shake it fast, let's shake it slow
Can you shake it, can you shake it
Really shake it, c'mon and shake it

Hey, hey, whadaya say
We're gonna do some twistin' today
Hey, hey, whadaya know
C'mon let's twist to some rock 'n roll
Let's twist it high, let's twist it low
Let's twist it fast, let's twist it slow
Can you twist it, can you twist it
Really twist it, c'mon now twist it

Hey, hey, whadaya say
We're gonna do some jumpin' today
Hey, hey, whadaya know

C'mon let's jump to some rock 'n roll
Let's jump it high, let's jump it low
Let's jump it fast, let's jump it slow
C'mon and jump it, c'mon and jump it
Can you jump it, really jump it

Hey, hey, whadaya say

Purpose: To reinforce movement concepts, spatial awareness, as well as, rhythm, coordination and small/large motor skills.

Concepts: Shaking, Twisting, Jumping, High, Low, Fast, Slow, Following directions.

Setting: Large or small group.

Materials: Pictures of different objects that are High, Low, Fast or Slow.

Activities:

1. Discuss the differences between Shaking, Twisting and Jumping. Have some of the children demonstrate.
2. Talk about some things that Shake, Twist and Jump.
3. Talk about the different spatial concepts of High, Low, Fast and Slow.
4. Begin a discussion about opposites.
5. Let the children echo each High, Low, Fast and Slow line with the children on the recording.
6. Use the pictures to begin a discussion about objects that are High, Low, Fast and Slow.