

Happiness Game

The root of violence is in the mind
You can't cause hurt when you're bein' kind
Can't cause hurt when you're bein' kind
Bein' kind...bein' kind
Do do do do do do do do do do do do do
Do do do do do do do do do
Do do do do do do do do do do do do do
Do do do do do do do do do

I just wanna be happy, all day through
Livin', laughin', feelin' real good.
Don't wanna see you broken or-or blue
'Cause when you're hurtin' my heart aches, too

Yeah-eh-eh, I'm doin' no harm, not to me or you.
Yeah-eh-eh, just bein' kind in what I say and do.

I'm bein' kind to myself. I'm bein' kind to you
Raising my happy game, singin' this do do do do
Seein' you smile lights my heart and brain
And that's how I score in the happiness game
Do do do do do do do do do do do do do
Do do do do do do do do do
Do do do do do do do do do do do do do
Do do do do do do do do do

Ay, yeah, when anger rises in my brain
I flip the switch, rethink, retrain
Take a deep breath, control reaction
Show me and you just a little compassion

Yeah-eh-eh, I'm doin' no harm, not to me or you
Yeah-eh-eh, just bein' kind in what I say and do

I'm bein' kind to myself. I'm bein' kind to you
Raising my happy game, singin' this do do do do
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Do do do do do do do do do do do do do
Do do do do do do do do do
Do do do do do do do do do do do do do
Do do do do do do do do do

Happiness starts in the mind
All we gotta do is be kind
Happiness starts in the mind
All we gotta do is be kind
Is be kind...is be kind...is be kind